



# End of the Year Reflection

Date: \_\_\_\_\_

What went well? (What are you most proud of this year? How did you grow?)

What would I have done differently?

What obstacle or challenge did I overcome?

What lessons did I learn?

Did your life change and/or stay the same in the last year? How?

What good habits helped to propel you forward?

What habits held you back from accomplishing your goals or being the best version of yourself?

How did I accomplish my year's word theme?

What is my word theme for the coming year? (This should reflect your area of strength or focus)

What I learned about God this year was...